

**PURPOSE AND VISION WORKSHEET**

**WHEN TO USE:** complete once, email to your partner before first check-in meeting

**PURPOSE: Clarity.** Having a clear vision and purpose for being in the program will help you to experience the results that mean the most to you.

1. What top 3 goals are most important for me to accomplish/make progress on over the next 90 days?
   * Goal 1:
   * Goal 2:
   * Goal 3:
2. What outcome do I want with each of these goals (desired result)?
   * Outcome for Goal 1:
   * Outcome for Goal 2:
   * Outcome for Goal 3:
3. Why do I want these outcomes? Why is it important to me?
   * Importance of outcome for Goal 1:
   * Importance of outcome for Goal 2:
   * Importance of outcome for Goal 3:
4. On a scale of 1-10, how committed to myself, my partner, and the process am I?

*\*Once you have completed this worksheet, email it to your partner before your first meeting.*